

**Real women.
Real experiences.
Real role models.**

Following the surge of support in the Black Lives Matter movement it has become more evident than ever that more positivity needs to be shared.

The aim of this project is to showcase black excellence and the successes of women of colour.

Girls in Limbo

A project to inspire young girls everywhere



Diana Ross by Laura Tinald Art (1)



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 @girlsinlimbo  @girlsinlimbo  www.girlsinlimbo.com



Contact Us



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The plan

Our aim is to create a collection of stories and experiences from real-life women of colour.

Growing up there was an obvious lack of visibility of real-life successful women of colour, in turn this meant there was a lack of role models.

We're looking for real women of all backgrounds to participate in our project to share their story and inspire young girls. We will be making a publication of the collection of stories and experiences which we hope to share in a variety of mediums.

If you would like to participate, please complete the template below and email it to us.

We hope that showcasing real people will help to encourage young girls and help them see that **success is attainable for everyone** regardless of ethnicity or gender.

Why are we doing this?

"All my life I have felt different because I'm a person of mixed ethnicity. It's hard. You just don't hear enough about successful women of colour, and you so rarely see their successes celebrated in the world of work. I want to change that."

Carla-Marie Dickson

"For the first time, that struggle that we've all been facing in the shadows of our everyday lives is finally being spoken about. And for all the times it's shut me up... I can't stop speaking."

Jasmine Turner

"You may encounter many defeats, but you must not be defeated. In fact, it may be necessary to encounter the defeats, so you can know who you are, what you can rise from, how you can still come out of it."

Maya Angelou (3)



Don't miss a thing!

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Subscribe to our website and follow us on Instagram and Twitter

Girlsinlinebo.com is the centre of our resources including:

- The stories & experiences of our amazing participants
- Interesting and thought-provoking articles

Don't forget to follow us on Instagram for our latest updates, participant stories, quotes, info on powerful and influential women and more.

Schools

Let us help you

There are a number of ways in which we can help you to inspire generations

- Use our online resources as a virtual library of articles, books, blogs and stories
- Arrange a virtual panel for a Q & A session with students
- Contact us with any queries, or to help get connected with experienced women in the world of work from a range of industries



What to expect...

@girlsinlinebo

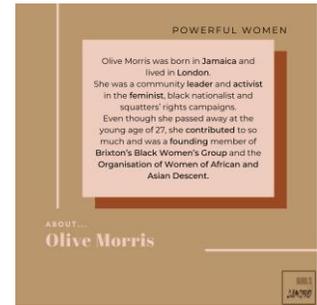
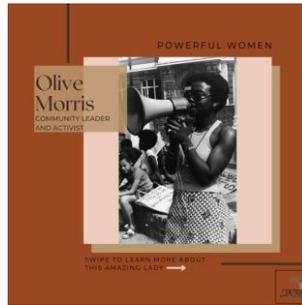
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Reading list, articles of interest and more





About the poem

The word 'limbo' has three meanings

- Type of dance.
- Region between heaven and hell.
- Place for the unwanted.

The poem by Edward Kamau Brathwaite is set in the Caribbean and takes place on a slave ship travelling from Africa to the West Indies.

We do not want girls to feel as though they are stuck in limbo. Our hope is that Girls in Limbo will help to inspire girls and see that they do not have to be in limbo because they can achieve their goals.

The Poem

Limbo by Edward Kamau Brathwaite (2)

And limbo stick is the silence in front of me
limbo
limbo
limbo like me
limbo
limbo like me
long dark night is the silence in front of me
limbo
limbo like me
stick hit sound
and the ship like it ready
stick hit sound
and the dark still steady
limbo
limbo like me
long dark deck and the water surrounding me
long dark deck and the silence is over me
limbo
limbo like me
stick is the whip
and the dark deck is slavery
stick is the whip
and the dark deck is slavery
limbo
limbo like me
drum stick knock
and the darkness is over me
knees spread wide
and the water is hiding
limbo
limbo like me
knees spread wide
and the dark ground is under me
down
down
down
and the drummer is calling me
limbo
limbo like me
sun coming up
and the drummers are praising me
out of the dark
and the dumb god are raising me
up
up
up
and the music is saving me
hot
slow
step
on the burning ground.

The template

About you

Name:

Hometown:

Current town:

Degree:

Current job title:

Your success story

Write as much or a little as you want. Things you can include are:

- *A description of your current role*
- *How you came to your current role*
 - *Any internships*
 - *Any pinnacles vital to your success*
- *Any obstacles you have faced*
- *Any anecdotes you wish to share about your childhood*
- *Any words of wisdom*

Consent statement

I, {INSERT YOUR FULL NAME}, hereby consent Girls in Limbo and On the Rise Insights to;

- i. Use my name and information in connection with any publications in any medium (e.g. print publications, internet, social media, etc.);
- ii. Use, reproduce, exhibit, and/or distribute my name, images and quotes in any medium for promotional, advertising, educational and/or any other lawful purposes.

Name of participant:

Date:

What to do

Use the template to help write about your personal experiences. This is your story so share as much or as little as you desire.

The template is just a starting point so please remember there is no obligation to divulge any information you do not wish to be publicly known.

Once you have completed the template please email it back to us including a picture that you are happy to share publicly.

After we have received your story, if any amendments (grammatical or structural) are required we will contact you for your approval.

Please ensure that you include the consent statement regarding your story and picture being shared publicly in your email.

Thank you for your interest in our project and for your participation.

We hope our project will be a success, but even if one person is inspired by any of the stories, we will feel we have achieved our goal.

Love from Carla & Jasmine x



SOURCES

- (1) Diana Ross by Laura Tinald Art www.lauratinald.co.uk
- (2) <http://www.lakes.cumbria.sch.uk/index/english%20department/cultures/readpoems.htm#limbo>
- (3) https://www.azquotes.com/author/440-Maya_Angelou/tag/defeat



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